

DIVORCED? SEPARATED? WE CAN HELP

DivorceCare is a weekly seminar/support group that will help you heal from the hurt. It's a warm, caring environment led by people who understand what you are going through. Gain hope for your future!

Contact us today for more information

September 30, 2022 - June 9, 2023 410-747-3417

divorcecare@msbcminstries.org Sponsored by Morning Star Baptist Church

Find Help • Discover Hope **Experience Healing**



GRIEF SUPPORT **GROUP**

Help and encouragement after the death of a loved one

GriefShare is a special weekly seminar and support group designed to help you rebuild your life. We know it hurts, and we want to help.

Saturdays 10:00am - 11:30pm October 1 - December 17, 2022 Morning Star Baptist Church 1512 Woodlawn Drive, Gwynn Oak, MD 21207 griefministry@msbcministries.org



WHAT'S IN THIS MONTH'S ISSUE:

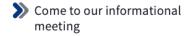
- Divorce Care Kick- Off September 30, 2022
- Grief Share Kick Off October 1, 2022
- Weight Loss Program with Baltimore. County Health Department
- Upcoming Events

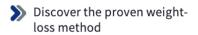
Upcoming Events



REAL PEOPLE. REAL WEIGHT LOSS.







Experience group support, wellness education, and more!

Contact:

Olivia Massa

(Baltimore County Department of Health) 410-877-2725

omassa@baltimorecountymd.gov

Imani Rose

(Morning Star Baptist Church) P: 410-365-5323

email: wellness@msbcministries.org



Baltimore County Department of Health





October 17, 2022 6:30pm-7:30pm

Morning Star Baptist Church 1512 Woodlawn Drive Gwynn Oak, MD 21207

Blood Pressure Program

HEAL – Blood Pressure MD Program

Get Free Blood Pressure cuff / Let's heal blood pressure together

email wellness@msbcministries.org for more info.



msbcministries.org /MSBCMINISTRIES













MONTHLY NEWSLETTER



October 2022



- Wear the color of the Cancer that you want to bring awareness to.
- Be sure to visit the table in the lobby
- We invite persons to be a part of the Cancer Awareness dance; please reach out by Oct. 6th.
- Email; <u>wellness@mscbministries.org</u> / <u>Cancersupport@msbcministries.org</u>

H.E.A.L.T.H. Ministry Emails

H.E.A.L.T.H. Ministry wellness@msbcministries.org

Never Give Up Never Give In Cancer Support Min. <u>cancersupport@msbcministries.org</u>

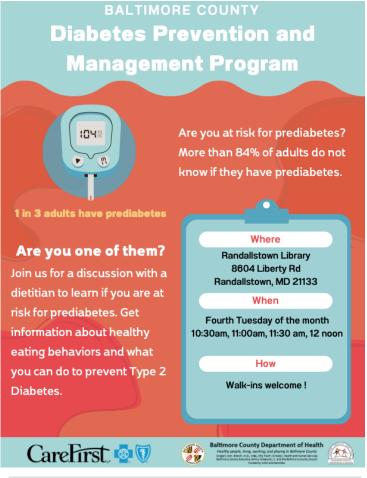
Fitness & Nutrition Ministry wellness@msbcministries.org

Divorce Care/ DC4K divorcecare@msbcministries.org

RAAY'S of Hope (HIV Ministry) raaysofhope@msbcministries.org

Caregivers Ministry caregivers@msbcministries.org

Grief Ministrygriefministry@msbcministries.org



Vaccine Clinic

October 16th, 2022, 9:30 am – 2pm 1512 Woodlawn Drive, Gwynn Oak, MD 21207

Pfizer and Moderna (1st & 2nd doses), and new formulated booster shots will be available, along with the seasonal flu and pneumonia shots.

Kaiser Health Van



Saturday October 8th, 2022 8 am- 12 pm

- Blood Pressures
- Cholesterol
- Glucose (A1C)
- Height, Weight and BMI calculation

