

# I've Got the Power

Submitted by Elder Carol Richardson

**John 14:15-17**

*<sup>15</sup>“If you love me, keep my commands. <sup>16</sup>And I will ask the Father, and he will give you another advocate to help you and be with you forever - <sup>17</sup> the Spirit of truth.”*

Have you ever felt lost or out of control of situations we face in our lives? The storms of life just keep raging and we get to a point where we feel like just giving up, telling ourselves what's the use. You thought that you had conquered that addiction of overeating but no matter how much you try; you just can't stop. Your marriage is in trouble and you're at a lost for what to do next. Your child was a straight A student before covid but now can't stay focused enough to even complete their assignments and faces failure. Life has transitioned from a place of comfort to potential chaos.

At the time of this scripture, we find Jesus and His disciples observing the Passover meal before His crucifixion. Jesus, knowing that His time had come, began His ministry of comfort to His disciples. He knew He would be leaving them soon and had to prepare them for what was to come. Jesus knew that they would soon be experiencing changes in their emotions, their minds, even in the way they would be living their lives. What He tells them is very real and true for us today.

No matter what is happening in our lives, we must remember that God will never leave us or forsake us. He would never leave us out there on our own. No matter what it looks like or feels like, we have the power of God at work on our behalf! He promised an advocate to help us and be with us forever. The Holy Spirit who is the Spirit of Truth! So, when we are feeling lost, confused, stressed, tempted, out of control... just call on the power we have, the Holy Spirit. He will comfort you, calm you, give you peace, joy, revelation, understanding, guidance, wisdom...whatever we need. We do have the power!!